

DISINFECTION PROTOCOL FOR MULTI-PATIENT TRIAL LENSES

General Recommendations

- ✓ Trial lenses are shipped wet in Boston SIMPLUS® Multi-Action solution for proper wetting. The solution needs to be replaced with fresh, sterile, unexpired solution upon FitKit® receipt and every 30 days thereafter. Before using trial lenses for fitting and assessment, the following cleaning and rinsing steps are recommended:
 1. Place one lens in the palm of your hand. Visually inspect lens for damage. **Discard if any damage is noted.***
 2. Place one or two drops of a fresh, unexpired, GP lens cleaner on the outside surface of the lens and rub gently for 15 seconds. Flip the lens over, place another one or two drops of cleaner on the inside surface of the lens and rub gently for 15 seconds.
 3. Rinse the lens thoroughly with fresh, unexpired, preservative-free saline solution.
 4. The trial lens is ready to apply.
- ✓ A log should be maintained to document each use of a trial lens and each disinfection cycle a trial lens receives.
- ✓ Lenses should be discarded after 7 years of use.*
- ✓ A lens used on an eye with a known ocular infection (i.e. Adenovirus, HSV) or systemic infectious disease (i.e. HIV, Hepatitis, Prion disease) should be discarded* after use, using gloves and biohazard waste containers.

After Patient Use

1 Log lens into disinfection log.	6 Using a contact lens case with a cover, soak lens in 3% hydrogen peroxide for 3 hours.
2 Prepare a clean and disinfected work surface.	7 Using a new contact lens case with a cover, soak lens in fresh, unexpired, preservative-free saline solution for 10 minutes.
3 Wash hands with mild soap and dry with a lint-free towel.	8 Discard solution, and soak lens again in fresh, unexpired, preservative-free saline solution for another 10 minutes.
4 Visually inspect lens for damage. Discard if any damage is noted.*	9 Generously rinse lens with fresh, unexpired, preservative-free saline solution.
5 Gently rub each side of lens for 15 seconds with fresh, unexpired, GP lens cleaner, then rinse with fresh, unexpired, preservative-free saline solution.	10 Store lens in a clean case filled with recommended conditioning solution.

*Replacement trial lenses may be ordered through your FitConnect account.

Alternatively, lenses can be stored DRY in the properly labeled trial lens case. See Practitioner Instructions for Use for cleaning and conditioning steps for a trial lens that is stored dry.