

HEALTHY LENS HABITS GUIDE



BostonSight®
SCLERAL

OPTIMUM
by Contamac®

Congratulations on your BostonSight SCLERAL® lenses!

To ensure success with your SCLERAL lenses, follow these recommended tips for care and handling.

For full care and handling instructions, see the BostonSight SCLERAL Patient Information Booklet via the QR code below.



BostonSight

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HANDLING YOUR LENSES

- 1 Wash your hands thoroughly with a mild soap, rinse completely, and dry with a lint-free towel.
- 2 **NEVER** use tap water to rinse or clean your lenses or your lens case. Tap water can harbor microorganisms and bacteria that can cause severe and difficult to treat infections. 
- 3 Use the solutions recommended by your doctor. Do not change the solutions without discussing with your doctor.

CLEANING

- 1 Follow the recommended lens rubbing time on the labeling of your daily cleaning solution to adequately clean your lenses and reduce the risk of infection. 
- 2 Rinse the lens thoroughly with your recommended rinsing solution to remove the cleaning solution, mucus, and film from the lens surface. 

My Recommended Rinsing Solution: _____

APPLICATION

- 1 Wash your hands thoroughly with a mild soap, rinse completely, and dry with a lint-free towel. 
- 2 Remove lens from case and rinse with fresh, unexpired preservative-free saline solution. 
- 3 Overfill lens with fresh, unexpired **PRESERVATIVE-FREE** saline solution prior to application.

My Recommended Preservative-Free Saline Solution: _____

REMOVAL AND STORAGE

- 1 Wash your hands thoroughly with a mild soap, rinse completely, and dry with a lint-free towel.
- 2 After removing lens from eye, follow the CLEANING protocol to remove protein, oil, make-up, and/or other build-up. 
- 3 Fill a clean, dry lens case with fresh, unexpired disinfecting solution and place lens in the designated chamber. Repeat for other eye. 

My Recommended Disinfecting Solution: _____

CLEANING YOUR CASE

- 1 Completely empty the solution in the lens case every day. **NEVER** attempt to reuse solution. 
- 2 Rinse the case with your fresh, unexpired disinfecting solution and let it air dry completely. 

NEVER use tap water to clean your case. Keep it uncapped and place it upside down on a clean paper towel. We recommend replacing your case every 3 months or sooner.

IMPORTANT

- * Before using any type of eye drop (medication or artificial tear), ask your doctor if your lenses need to be removed. 
- * Always recap your solutions after use. 
- * **DO NOT** sleep with your scleral lenses in. 