

HEALTHY LENS HABITS GUIDE



BOSTONSIGHT[®]
SCLERAL

OPTIMUM
by Contamac

Congratulations on your BostonSight SCLERAL[®] lenses!

To ensure success with your scleral lenses, follow these recommended tips for care and to keep your lenses working for you for a long time.

You can find the package insert for BostonSight SCLERAL lenses via the QR code below.




BostonSight

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HANDLING YOUR LENSES

- 1 Wash your hands thoroughly with soap and water. 
- 2 **NEVER** use tap water to rinse or clean your lenses or your lens case. Tap water can harbor microorganisms and bacteria that can cause severe and difficult to treat infections. 

- 3 Use the solutions recommended by your doctor. Do not change the solutions without discussing with your doctor.
 - 4 If you have a spare pair, store dry* and in a case until needed. Before using, clean your lenses with your recommended cleaning solution and store overnight using recommended disinfecting solution prior to application. 
- *Lenses with Tangible[®] Hydra-PEG[®] coating must be stored wet.*

My Recommended Cleaning Solution: _____

APPLICATION

- 1 Wash your hands thoroughly with soap and water. 
- 2 Remove lens from case and rinse with your saline. 
- 3 Fill Lens with a **PRESERVATIVE-FREE** solution prior to application. 

My Recommended Preservative-Free Solution: _____

REMOVAL

- 1 Wash your hands thoroughly with soap and water. 
- 2 After removing lens from eye, rub each side with recommended cleaning solution to remove protein, oil, make-up, and/or other build-up. 
- 3 Using a clean case, disinfect lenses overnight in hydrogen peroxide or in your recommended disinfecting solution. 

My Recommended Disinfecting Solution: _____

CLEANING YOUR CASE

- 1 Completely empty the solution in the lens case every day. **NEVER** attempt to reuse solution. 
 - 2 Rinse the case with your disinfecting solution and let it air dry completely. 
- NEVER** use tap water to clean your case. Keep it uncapped and place it upside down on a clean paper towel. We recommend replacing your case every 3 months.

IMPORTANT

- * Before using any type of eye drop (medication or artificial tear), ask your doctor if your lenses need to be removed. 
- * Always recap your solutions after use. 
- * **DO NOT** sleep with your scleral lenses in. 